

# Evaluation of *Dennettia tripetala* Baker F. Leaf Aqueous Extract Effect on Hyperthyroidism in Albino Rats

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## Abstract

This study evaluated *Dennettia tripetala* leaf aqueous extract effect on hyperthyroidism in albino rats (*Rattus norvegicus*). It was conducted at the Department of Zoology and Environmental Biology, University of Nigeria, Nsukka. It lasted for seven weeks. Seventy-two male albino rats (*Rattus norvegicus*) weighing 66 – 108 g were assigned into six groups (A – F) with twelve rats (replicated three times, four rats per replicate) in each group. Three rats from each group were randomly selected and weighed before samples of blood were collected at days 7, 14, 21 and 28. Hyperthyroidism was induced in rats of groups B – F, orally with 600 µg/kg Levothyroxine for 14 days. Phytochemical screening of the extract was conducted. Whereas normal control (group A) and hyperthyroid control (group B) were fed water and food only, standard control (group C) received 1.35mg/kg of Carbimazole orally. The treatment groups were D – 100 mg/kg, E – 250 mg/kg and F – 500 mg/kg. Rats' body weights were determined at days 0, 7, 14, 21 and 28 during treatment. The extract's effect on hyperthyroid induced rats total cholesterol (TC), triglyceride (TG), low-density lipoproteins (LDL), high-density lipoproteins (HDL), thyroid stimulating hormone (TSH), triiodothyronine (T3), tetraiodothyronine (T4) and histology of thyroid gland were evaluated. Phytochemical screening recorded some secondary metabolites. Toxicity (LD50) test recorded no lethal effect at the highest dose (5000 mg/kg) administered. The extract graded dose effect was most effective on body weight on Day 7. It also caused a significant increase ( $P < 0.05$ ) in TC, LDL-C, TG, and TSH but significantly decreased ( $P < 0.05$ ) HDL-C and T3 and T4 compared with hyperthyroid control. Micrographs from extract treated rats showed no histologic alteration. However, there were observed variations in body weight, LDL-C, TG, TSH and T<sub>4</sub> the body weight at day 0 due to age differences among animals used. Aqueous *Dennettia tripetala* leaf extract seems to possess potential for ameliorating post induced hyperthyroidism effects in rat.

**Keywords:** Albino rat, *Dennettia tripetala*, Hyperthyroidism, Phytochemical screening, Lipid profile, Histopathology

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## 1. Introduction

Hyperthyroidism encompasses a heterogeneous group of disorders characterized by elevated levels of thyroid hormones in the blood (Peter *et al.* 2005). It elevates body functions and formation of a toxic goiter. It elicits hyperdynamic circulation with increased cardiac output, heart rate, pulse pressure, and blood pressure, as well as decreased vascular peripheral resistance. Research has also proven that it increases metabolic rate which affects organs and system activities adversely (Golden *et al.* 2009).

Treatment of hyperthyroidism has largely been by chemotherapy, radiotherapy, and surgery (Bhaigya *et al.* 2012) which makes it expensive to the poor and low income earners. Due to the expensiveness of hyperthyroidism and its related diseases treatments, there is need for an alternative treatment that will be affordable to the poor and low income earners. Recently, plant-based therapy has been highly preferred to synthetic drugs which most times possess some post-treatment adverse effects and expense to many. Research has also revealed that medicinal plants are rich in secondary metabolites (Newman *et al.* 2003). Remarkably, some plant extracts have demonstrated hypocholesterolemic and anti-obesity potentials (Ejere & Adegoke, 2005; Nnamonu *et al.* 2013; Nnamonu *et al.* 2018).

*Dennettia tripetala* belongs to the Annonaceae family. *Dennettia tripetala* belongs to the Annonaceae family. *Dennettia tripetala* is a plant commonly cultivated in the rain forest zones of Nigeria and other part of West Africa. It is some Nigeria local languages it is commonly called Nmimi (Igbo) and Ata Igbera (Yoruba) (Ihemeje *et al.* 2013; Iseghohi 2015). Researches have established medicinal properties of its various parts. Hypoglycaemic, analgesic, hypolipidaemic, haematotoxic and nephrotoxicity effects of *Dennettia tripetala* extracts have been reported (Oyemitan *et al.* 2008; Ikpi & Nku, 2008; Anaga & Asuzu 2010; Nwankpa *et al.* 2018). Despite the aforementioned medicinal values, there is a dearth of literature and very little is known on the possible effects of the leaf extract on treatment of hyperthyroidism from our region. In view of the foregoing, objectives of this study was to evaluate *Dennettia tripetala* leaf extract effect on hyperthyroid induced rat's total cholesterol (TC), triglyceride (TG), low density lipoproteins (LDL), high density lipoproteins (HDL), thyroid stimulating hormone (TSH), triiodothyronine (T3), tetraiodothyronine (T4) and histology of thyroid gland.

## 2. MATERIALS AND METHODS

### 2.1 Drugs and Chemicals

Levothyroxine (Karmic Meditraders Private Limited, New Delhi, Delhi) and Carbimazole (Macleods Pharmaceuticals Ltd, India) used were purchased from reputable pharmaceutical shops at Nsukka, Enugu state, south-east Nigeria. Diagnostic kits used for determination of various lipid profile parameters were produced by Randox commercial enzyme kit while Enzyme-linked immunosorbent assays (ELISA) kits used for determination of TSH, T4, and T3 were manufactured by M.B.S./Medical Biological Service, Milano-Italy.

### 2.2 Collection and preparation of *Dennettia tripetala* leaf aqueous extract

Fresh leaves of *D. tripetala* were procured from a farm settlement at Ukehe, Igbo-Etiti local government area, Enugu state, southeast Nigeria. A taxonomist at the Department of Plant Science and Biotechnology, University of Nigeria, Nsukka, Nigeria identified the plant materials. The extract was prepared following the method of Oyemitan *et al.* 2006.

### 2.3 Phytochemical Analysis

Standard method was followed in detecting the presence of different phytochemical constituents in the extract (Case 2005).

### 2.4 Lethal Dose (LD50) Determination

Determination of the extract's lethal dose (LD50) followed the method of Lorke 1983.

### 2.5 Animal management

Seventy-two male albino rats (*Rattus norvegicus*) weighing 66 – 108 g were procured from the Genetics and Experimental Animal breeding Laboratory, Department of Zoology and Environmental Biology, University of Nigeria, Nsukka. They were housed in stainless wire rat cages, fed growers mash (18% crude protein), clean water and acclimatized for two weeks. The animals were also kept in 12 h light/dark cycle. Handling of animals in this research was in accordance with that recommended by the Committee and the International Guidelines for Handling of Laboratory Animals (Derrell 1996).

### 2.6 Hyperthyroidism induction

Animals in groups B – F experienced hyperthyroidism induction through oral administration of 600 µg/kg Levothyroxine for 14 days which was confirmed by analysing the serum thyroid hormone levels. The serum level of thyroid stimulating hormones (TSH) in hyperthyroid rats was found to have increased while the TSH decreased. The serum levels of triiodothyronine (T3) and tetraiodothyronine (T4) and TSH of the normal animal were 3.33 pmol/L, 12.82 pmol/L and 2.67 mU/L respectively. Hence, rats with 5.22 pmol/L and 26.38 pmol/L or higher serum levels of T3, T4, and equivalent 0.14 mU/L serum levels of TSH or lower were regarded as hyperthyroid and subsequently used.

### 2.7 Experimental design

The rats were assigned into six groups (A – F) with twelve rats (replicated three times, four rats per replicate) in each group. Three rats from each group were randomly selected and weighed before samples of blood were collected at day 7, day 14, day 21 and day 28.

Group A was the normal control, administered water and feed only. Group B served as hyperthyroid control (administered water, feed and 600µg/kg Levothyroxine (for 14 days)) while group C (standard control) received water, feed, 600µg/kg Levothyroxine and 1.35 mg/kg of Carbimazole. The treatment groups received D – 100 mg/kg, E – 250 mg/kg and F – 500 mg/kg in addition to water, feed and 600µg/kg Levothyroxine. All treatments were administered orally.

### 2.8 Determination of body weight and weight loss

All the rats were weighed using a Mettler, electronic balance PC2000 at day 0 at day 0 also at each sampling day (days 7, 14, 21 and 28).

### 2.9 Collection of blood sample

About 5 ml of the blood samples was collected from each of the anaesthetized rats using the method described by 18.

### 2.10 Determination of lipid profile

Total cholesterol, triglyceride, low-density lipoproteins (LDL) and high-density lipoproteins (HDL) were determined following Sood 2006. All lipid parameters were measured using Randox commercial enzyme kits.

Determination of serum total triiodothyronine (T3), tetraiodothyronine (T4) and thyroid stimulating hormone (TSH).

Serum T3, T4, and TSH were determined using Enzyme-linked immunosorbent assays (ELISAs) kits (M.B.S./Medical Biological Service, Milano-Italy).

### 2.11 Histological studies

The histological studies followed the method of Ejere *et al.* 2018 with minor modification. Specimens were fixed in 10% neutral buffered formalin and were processed for paraffin sections of 5 µm-thick stained with Haematoxylin and Eosin (H & E).

### 2.12 Statistical analysis

Data analysis was carried out with statistical package for the social sciences SPSS, IBM Statistics UK version 20.0 (one-way analysis of variance (ANOVA). The means were separated using Duncan's new multiple range tests while differences in the means were considered significant at probability values less than 5 % (P<0.05). Results were presented as mean ± SEM.

## 3. Results

### 3.1 Qualitative and quantitative phytochemical composition of aqueous *Dennettia tripetala* leaf extract

Table 1(a&b) shows results of qualitative and quantitative phytochemical compositions of the aqueous *Dennettia tripetala* leaf extract respectively. Qualitatively, it was observed that the aqueous *D. tripetala* leaf extract had tannin in high quantity. Similarly, it also contained alkaloids, saponins, flavonoids, reducing sugars, oil and fats, carbohydrate and cardiac glycosides in moderate quantities while acidic compound, protein, steroids, phenols, and terpenoids were detected in low quantity while resins were absent.

**Table 1(a &b) Qualitative phytochemical composition of aqueous *Dennettia tripetala* leaf extract**

Phytochemicals	Bioavailability
Alkaloids	++
Tannins	+++
Saponins	++
Acidic compounds	+
Reducing substance	++
Protein	+
Oil and fats	++
Carbohydrates	++
Resins	-
Flavonoids	++
Cardiac glycosides	++
Steroids	+
Terpenoids	+
Phenol	+
Phytochemicals	Composition (%)
Alkaloids	24
Tannins	58.42
Saponins	33.82
Flavonoids	42.02
Cardiac glycosides	32
Phenol	0.33
+++	High quantity
++	Moderate quantity
+	Low quantity
-	Absent

### 3.2 Effects *D. tripetala* leaf aqueous extract on body weight (BW) (g) of hyperthyroid male albino rats

Table 2 shows the comparative effects of graded doses (100, 200 and 500 mg/kg) of aqueous leaf extract of *D. tripetala* on bodyweight of hyperthyroid male albino rats. The observed variations in the body weight at day 0 were due to age differences among animals used. No significant difference (P>0.05) occurred in body weight at Day 0 in all treatments except normal control that increased significantly (p<0.05) compared with other groups. No significant difference (P>0.05) was recorded on Day 7 except hyperthyroid control which decreased significantly (P<0.05) compared with other treatments. Similar trends occurred at Days 14 and 28 were no significant difference (P>0.05) occurred in all treatments. Day 21 recorded no significant difference (P>0.05)

except standard control which decreased significantly ( $P<0.05$ ) compared with other treatments. There was a time-dependent significant difference ( $P<0.05$ ) from Day 0 to Day 28 in hyperthyroid and standard control compared with normal control. The extract (250 mg/kg) caused a time-dependent significant decrease ( $P<0.05$ ) from Day 0 to Day 7 compared with other treatments. Dose 500 mg/kg showed a time-dependent significant decrease ( $P<0.05$ ) compared with hyperthyroid control and standard control.

**Table 2 *D. tripetala* leaf aqueous extract on body weight (BW) (g) of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	103.92±4.58 <sup>b1</sup>	104.42±10.00 <sup>ab1</sup>	111.00±7.82 <sup>a1</sup>	119.88±10.31 <sup>ab1</sup>	130.61±19.39 <sup>a1</sup>
Hyperthyroid Control	73.30±3.51 <sup>a1</sup>	87.14±1.92 <sup>a2</sup>	107.03±2.68 <sup>a3</sup>	124.76±7.49 <sup>ab4</sup>	149.75±1.52 <sup>a5</sup>
Standard Control	79.22±2.80 <sup>a1</sup>	98.02±8.40 <sup>ab2</sup>	113.30±5.03 <sup>a3</sup>	113.67±0.90 <sup>a3</sup>	152.68±0.55 <sup>a4</sup>
100 mg/kg	74.75±2.40 <sup>a1</sup>	110.21±5.20 <sup>b2</sup>	125.39±8.61 <sup>a23</sup>	141.75±6.15 <sup>b34</sup>	155.48±5.81 <sup>a4</sup>
250 mg/kg	79.76±1.60 <sup>a1</sup>	97.76±1.20 <sup>ab1</sup>	115.41±8.33 <sup>a12</sup>	139.04±12.55 <sup>ab23</sup>	154.95±19.73 <sup>a3</sup>
500 mg/kg	78.43±6.05 <sup>a1</sup>	115.31±2.61 <sup>b12</sup>	131.19±19.93 <sup>a2</sup>	137.03±6.48 <sup>ab2</sup>	143.91±18.82 <sup>a2</sup>

Values represent mean ± SEM of three observations. Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different ( $P<0.05$ ). Values with different figures superscript across a row were significantly different ( $P<0.05$ ).

### 3.3 Effects *D. tripetala* leaf aqueous extract on the T3 levels (pmol/L) of hyperthyroid male albino rats

The comparative effects of graded doses (100, 250 and 500 mg/kg) of aqueous leaf extract of *D. tripetala* on T3 levels of hyperthyroid male albino rats were shown in Table 3. The extract's graded doses (100, 250 and 500 mg/kg) caused a significant decrease ( $P<0.05$ ) in T3 levels compared with hyperthyroid control (Day 7 to 28).

A time-independent significant decrease ( $P<0.05$ ) occurred in treatments (250 and 500 mg/kg) from Day 0 to Day 28 compared with hyperthyroid controls.

**Table 3 *D. tripetala* leaf aqueous extract on the T<sub>3</sub> levels (pmol/L) of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	3.33±0.23 <sup>a1</sup>	3.25±0.11 <sup>a1</sup>	3.20±0.34 <sup>a1</sup>	3.32±0.22 <sup>a1</sup>	3.11±0.11 <sup>a1</sup>
Hyperthyroid Control	6.47±0.90 <sup>ab1</sup>	7.97±1.46 <sup>b12</sup>	10.18±0.56 <sup>c2</sup>	8.70±0.53 <sup>b12</sup>	8.42±0.41 <sup>c12</sup>
Standard Control	6.33±1.15 <sup>ab2</sup>	4.35±0.39 <sup>a1</sup>	4.39±0.47 <sup>a1</sup>	3.45±0.22 <sup>a1</sup>	2.77±0.21 <sup>a1</sup>
100 mg/kg	6.33±1.11 <sup>ab2</sup>	6.61±0.38 <sup>b2</sup>	6.89±1.21 <sup>b2</sup>	3.78±0.29 <sup>a1</sup>	5.11±0.11 <sup>b12</sup>
250 mg/kg	5.22±0.07 <sup>ab4</sup>	4.41±0.35 <sup>a23</sup>	4.94±0.14 <sup>a34</sup>	3.74±0.29 <sup>a12</sup>	3.20±0.10 <sup>a1</sup>
500 mg/kg	6.16±1.19 <sup>ab2</sup>	3.86±0.32 <sup>a1</sup>	4.49±0.35 <sup>a12</sup>	3.09±0.12 <sup>a1</sup>	3.14±0.10 <sup>a1</sup>

Values represent mean ± SEM of three observations. Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different ( $P<0.05$ ). Values with different figures superscript across a row were significantly different ( $P<0.05$ ).

### 3.4 Effects of *D. tripetala* leaf aqueous extract on the T4 levels (pmol/L) of hyperthyroid male albino rats

Table 4 showed the comparative effects of graded doses (100, 250 and 500 mg/kg) of aqueous leaf extract of *D. tripetala* on T4 levels of hyperthyroid male albino rats. The observed variations in T4 levels at day 0 were due to age differences among animals used. There was a dose-dependent significant decrease ( $P<0.05$ ) in T4 levels caused by the activities of the extract's graded doses (100, 250 and 500 mg/kg) at days 14, 21 and 28 compared with hyperthyroid control.

There was an observed time-dependent significant decrease caused by the extract (100, 250 and 500 mg/kg) from 7 to 14 and day 21 to 28 compared with hyperthyroid control.

**Table 4 *D. tripetala* leaf aqueous extract on the T<sub>4</sub> levels (pmol/L) of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	12.82±0.82 <sup>a1</sup>	13.39±0.80 <sup>a1</sup>	14.19±0.62 <sup>a1</sup>	13.36±0.37 <sup>a1</sup>	13.01±0.63 <sup>a1</sup>
Hyperthyroid Control	29.55±1.86 <sup>bc12</sup>	22.70±3.26 <sup>b1</sup>	33.22±0.47 <sup>d2</sup>	29.26±0.91 <sup>c12</sup>	27.27±3.52 <sup>c12</sup>
Standard Control	31.91±1.65 <sup>c3</sup>	21.08±1.46 <sup>b2</sup>	19.54±1.13 <sup>b2</sup>	17.06±1.43 <sup>b12</sup>	14.81±0.54 <sup>ab1</sup>
100 mg/kg	26.38±1.29 <sup>b3</sup>	21.68±2.11 <sup>b123</sup>	23.77±1.76 <sup>c23</sup>	19.16±1.07 <sup>b12</sup>	18.48±0.48 <sup>b1</sup>
250 mg/kg	28.71±2.15 <sup>bc2</sup>	21.57±3.41 <sup>b1</sup>	21.36±0.38 <sup>bc1</sup>	18.07±0.59 <sup>b1</sup>	18.92±0.75 <sup>b1</sup>
500 mg/kg	28.83±1.58 <sup>bc3</sup>	23.06±2.66 <sup>b2</sup>	20.51±0.52 <sup>b2</sup>	18.20±1.10 <sup>b12</sup>	15.39±0.26 <sup>ab1</sup>

Values represent mean ± SEM of three observations. Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different (P<0.05). Values with different figures superscript across a row were significantly different (P<0.05).

### 3.5 Effects of *D. tripetala* leaf aqueous extract on the thyroid stimulating hormone (TSH) (mU/L) level of hyperthyroid male albino rats

The comparative effects of the increasing doses (100, 250 and 500 mg/kg) of the aqueous leaf extract of *D. tripetala* on TSH levels of hyperthyroid male albino rats are shown in Table 5. The observed variations in TSH levels at day 0 was due to age differences among animals used. The extract treatment recorded significant increases at 100 mg/kg (days 7 to 28) and 250 and 500 mg/kg (days 14 to 28) compared with hyperthyroid control.

No time-dependent significant difference (P>0.05) was observed in all graded doses from Day 0 to Day 7 when compared with control groups. However, the 500 mg/kg treatment group showed a time-dependent significant increase (P<0.05) from Days 7 and 14 as comparison with controls.

**Table 5 *D. tripetala* leaf aqueous extract on the thyroxine stimulating hormone (TSH) (mU/L) level of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	2.67±0.30 <sup>b1</sup>	2.71±0.45 <sup>b1</sup>	2.63±0.42 <sup>b1</sup>	3.12±0.07 <sup>b1</sup>	2.82±0.55 <sup>b1</sup>
Hyperthyroid Control	0.10±0.02 <sup>a1</sup>	1.08±0.08 <sup>a2</sup>	0.34±0.22 <sup>a1</sup>	0.09±0.02 <sup>a1</sup>	0.09±0.01 <sup>a1</sup>
Standard Control	0.13±0.03 <sup>a1</sup>	2.81±0.31 <sup>b2</sup>	3.42±0.35 <sup>bc2</sup>	3.17±0.23 <sup>b2</sup>	3.20±0.44 <sup>b2</sup>
100 mg/kg	0.14±0.07 <sup>a1</sup>	2.58±0.33 <sup>b2</sup>	2.84±0.32 <sup>bc23</sup>	3.51±0.44 <sup>b23</sup>	3.69±0.30 <sup>b3</sup>
250 mg/kg	0.12±0.05 <sup>a1</sup>	2.19±0.57 <sup>ab2</sup>	3.19±0.07 <sup>bc23</sup>	3.67±0.34 <sup>b3</sup>	3.70±0.26 <sup>b3</sup>
500 mg/kg	0.12±0.03 <sup>a1</sup>	2.15±0.57 <sup>ab2</sup>	3.76±0.34 <sup>c3</sup>	3.63±0.35 <sup>b3</sup>	3.29±0.29 <sup>b3</sup>

Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different (P<0.05). Values with different figures superscript across a row were significantly different (P<0.05).

### 3.6 Effects of *D. tripetala* leaf aqueous extract on the total cholesterol level (mg/dL) of hyperthyroid male albino rats

Table 6 shows the comparative effects of increasing doses (100, 250 and 500 mg/kg) of *D. tripetala* aqueous leaf extract on total cholesterol level of hyperthyroid male albino rats. No significant difference (P>0.05) was observed at Days 0 and 7 compared with controls. However, days 14 to 28 recorded significant increase (P<0.05) in total cholesterol in extract graded doses (100, 250 and 500 mg/kg) compared with the hyperthyroid control.

No time-dependent significant difference (P>0.05) was observed at all graded doses (100, 250 and 500 mg/kg) from days 0 to 28 compared with controls.

**Table 6 *D. tripetala* leaf aqueous extract on the total cholesterol level (mg/dL) of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	46.47±3.27 <sup>a1</sup>	58.13±1.60 <sup>a12</sup>	58.57±6.56 <sup>b12</sup>	70.73±7.78 <sup>ab23</sup>	79.17±2.96 <sup>b3</sup>
Hyperthyroid Control	46.20±2.08 <sup>a1</sup>	78.20±2.17 <sup>b2</sup>	42.97±0.75 <sup>a1</sup>	46.20±1.68 <sup>a1</sup>	47.50±5.85 <sup>a1</sup>
Standard Control	48.17±2.92 <sup>a1</sup>	68.07±4.62 <sup>ab12</sup>	81.60±5.54 <sup>c2</sup>	109.43±10.96 <sup>c3</sup>	112.70±14.84 <sup>c3</sup>
100 mg/kg	48.83±2.67 <sup>a1</sup>	73.80±3.73 <sup>b2</sup>	73.00±3.86 <sup>bc2</sup>	56.50±4.10 <sup>a12</sup>	72.20±8.95 <sup>ab2</sup>
250 mg/kg	50.23±2.03 <sup>a1</sup>	69.63±5.74 <sup>ab12</sup>	77.47±5.34 <sup>c12</sup>	99.50±14.59 <sup>bc2</sup>	97.37±13.71 <sup>bc2</sup>
500 mg/kg	53.43±8.14 <sup>a1</sup>	72.60±6.49 <sup>ab12</sup>	85.97±5.12 <sup>c2</sup>	119.23±11.40 <sup>c3</sup>	98.40±10.64 <sup>bc23</sup>

Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different ( $P < 0.05$ ). Values with different figures superscript across a row were significantly different ( $P < 0.05$ ).

### 3.7 Effects of *D. tripetala* leaf aqueous extract on the High-Density Lipoprotein Cholesterol (HDL-C) levels (mg/dL) of hyperthyroid male albino rats

The comparative effects of graded doses (100, 250 and 500 mg/kg) of aqueous leaf extract of *D. tripetala* on serum HDL-C levels of hyperthyroid male albino rats are shown in Table 7. No significant difference ( $P > 0.05$ ) was observed at Day 0. There was an observed significant decrease ( $P < 0.05$ ) in HDL-C caused by the activities of the extract's graded doses (100, 250 and 500 mg/kg) as a comparison with hyperthyroid control.

There was no time-dependent significant difference ( $P > 0.05$ ) at all treatments compared with controls.

**Table 7 *D. tripetala* leaf aqueous extract on the high density lipoproteins (HDL-C) levels (mg/dL) of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	43.83±2.94 <sup>a2</sup>	26.07±1.09 <sup>a1</sup>	27.10±2.06 <sup>ab1</sup>	31.10±1.59 <sup>b1</sup>	29.60±0.92 <sup>a1</sup>
Hyperthyroid Control	43.93±6.08 <sup>a1</sup>	42.53±2.20 <sup>c1</sup>	49.63±2.74 <sup>c1</sup>	39.70±4.74 <sup>c1</sup>	51.23±1.99 <sup>b1</sup>
Standard Control	45.33±4.10 <sup>a4</sup>	32.33±1.02 <sup>b23</sup>	28.10±1.26 <sup>ab12</sup>	23.10±1.12 <sup>ab1</sup>	35.93±2.25 <sup>a3</sup>
100 mg/kg	45.87±6.67 <sup>a2</sup>	33.60±1.81 <sup>b1</sup>	31.43±0.58 <sup>b1</sup>	27.50±1.36 <sup>ab1</sup>	35.77±1.42 <sup>a12</sup>
250 mg/kg	37.50±4.45 <sup>a2</sup>	33.33±0.35 <sup>b12</sup>	28.17±1.45 <sup>ab1</sup>	27.83±3.01 <sup>ab1</sup>	36.43±1.39 <sup>a12</sup>
500 mg/kg	37.87±4.54 <sup>a3</sup>	30.80±0.43 <sup>b23</sup>	24.07±1.27 <sup>a12</sup>	19.90±1.18 <sup>a1</sup>	32.63±4.43 <sup>a23</sup>

Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different ( $P < 0.05$ ). Values with different figures superscript across a row were significantly different ( $P < 0.05$ ).

### 3.8 Effects of *D. tripetala* leaf aqueous extract on the Low-Density Lipoprotein Cholesterol (LDL-C) levels (mg/dL) of hyperthyroid male albino rats

Table 8 shows the comparative effects of increasing doses (100, 250 and 500 mg/kg) of aqueous leaf extract of *D. tripetala* on low-density lipoprotein cholesterol levels of hyperthyroid male albino rats. The observed variations in LDL-C levels at day 0 were due to age differences among the animals used. No significant difference ( $P > 0.05$ ) in LDL-C levels at all treatments compared with the controls.



**Table 8 *D. tripetala* leaf aqueous extract on the low density lipoproteins (LDL-C) levels (mg/dL) of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	31.33±8.35 <sup>b2</sup>	19.00±0.58 <sup>ab12</sup>	18.33±0.67 <sup>a12</sup>	17.67±0.33 <sup>a1</sup>	18.67±2.03 <sup>a12</sup>
Hyperthyroid Control	18.33±1.20 <sup>a1</sup>	22.00±1.15 <sup>abc1</sup>	27.33±2.91 <sup>ab12</sup>	25.67±3.28 <sup>a12</sup>	34.33±6.81 <sup>ab2</sup>
Standard Control	18.33±1.20 <sup>a1</sup>	23.00±0.58 <sup>bc1</sup>	48.00±2.00 <sup>d2</sup>	64.33±6.39 <sup>cd2</sup>	67.00±12.70 <sup>de2</sup>
100 mg/kg	17.67±0.33 <sup>a1</sup>	19.67±1.20 <sup>ab1</sup>	33.67±3.18 <sup>bc12</sup>	45.33±7.31 <sup>b2</sup>	45.67±7.6 <sup>bc2</sup>
250 mg/kg	16.67±0.88 <sup>a1</sup>	25.33±0.88 <sup>c2</sup>	40.00±1.15 <sup>cd3</sup>	54.00±5.20 <sup>bc4</sup>	56.67±1.76 <sup>cd4</sup>
500 mg/kg	16.33±1.20 <sup>a1</sup>	18.33±2.33 <sup>a1</sup>	46.67±5.55 <sup>d2</sup>	75.67±4.18 <sup>d3</sup>	82.00±3.21 <sup>c3</sup>

Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different ( $P<0.05$ ). Values with different figures superscript across a row were significantly different ( $P<0.05$ ).

### 3.9 Effects of *D. tripetala* leaf aqueous extract on the triglycerides (TG) levels (mg/dL) of hyperthyroid male albino rats

The comparative effects of graded doses (100, 250 and 500 mg/kg) of aqueous leaf extract of *D. tripetala* on serum triglycerides (TG) levels of hyperthyroid male albino rats are shown in Table 9. The observed variations in TG levels at day 0 were due to age differences among the animals used. The 100 mg/kg extract treatment caused a significant decrease ( $P<0.05$ ) and increase ( $P<0.05$ ) in TG at days 7 and 28 respectively compared with hyperthyroid control. Whereas 250 and 500 mg/kg treatments caused no significant difference ( $P>0.05$ ) days 7 to 14, they significantly increased ( $P<0.05$ ) TG levels days 21 to 28 compared with hyperthyroid control.

Secondly, it was observed that treatment with 100 mg/kg showed no time-dependent significant difference ( $P>0.05$ ) compared with all controls. On the other hand, the treatment doses of 250 and 500 mg/kg showed a time-dependent significant increase ( $P<0.05$ ) in Days 0, 7, 14 and 21 respectively when compared with controls.

**Table 9 *D. tripetala* leaf aqueous extract on the triglycerides (TG) levels (mg/dL) of hyperthyroid male albino rats**

Groups	Duration				
	Day 0	Day 7	Day 14	Day 21	Day 28
Normal Control	49.07±4.68 <sup>ab1</sup>	63.17±4.44 <sup>ab12</sup>	66.53±3.28 <sup>ab12</sup>	72.40±10.19 <sup>ab2</sup>	60.47±3.77 <sup>bc12</sup>
Hyperthyroid Control	40.73±1.79 <sup>a1</sup>	70.73±6.23 <sup>b2</sup>	38.70±4.39 <sup>a1</sup>	31.37±1.42 <sup>a1</sup>	33.23±1.90 <sup>a1</sup>
Standard Control	44.27±5.00 <sup>ab1</sup>	65.90±7.21 <sup>b1</sup>	79.00±5.47 <sup>b12</sup>	64.63±26.34 <sup>ab1</sup>	111.20±10.35 <sup>d2</sup>
100 mg/kg	52.27±3.04 <sup>b1</sup>	46.63±0.67 <sup>a1</sup>	49.97±22.90 <sup>ab1</sup>	53.87±3.14 <sup>a1</sup>	54.50±4.43 <sup>b1</sup>
250 mg/kg	46.47±1.56 <sup>ab1</sup>	62.37±11.71 <sup>ab12</sup>	68.23±6.05 <sup>ab12</sup>	98.57±6.47 <sup>b3</sup>	77.30±11.02 <sup>c23</sup>
500 mg/kg	45.23±1.07 <sup>ab1</sup>	72.47±3.26 <sup>b2</sup>	69.13±8.01 <sup>ab2</sup>	105.77±9.12 <sup>b3</sup>	106.53±4.42 <sup>d3</sup>

Values represent mean ± SEM of three observations. Values represent mean ± SEM of three observations. Values with different alphabet superscript in a column were significantly different ( $P<0.05$ ). Values with different figures superscript across a row were significantly different ( $P<0.05$ ).

### 3.10 Effects of *D. tripetala* leaf aqueous extract on the histology of the thyroid gland

Figure 1 showed photomicrographs of histological sections of the thyroid gland from extract treated rats and control rats. The sections of thyroid gland from normal control, standard control and extract treated groups (groups 1, 3, 4, 5 and 6) revealed a typical histological picture of the thyroid gland. The glands were composed of spherical follicles lined with a single layer of tall columnar epithelial cells with rounded nuclei surrounding a lumen filled with gel-like viscous iodine-rich material called colloid exhibiting serrated or vacuolated peripheral edges. However, the section of the thyroid gland from the hyperthyroid control group (group 2) showed a marked change from the normal thyroid gland. The change observed involved the absence of colloid in some follicles (empty follicles-arrows). In addition, some follicles are lined with low columnar epithelial cells. The photomicrographs of extract treated groups showed no histological difference when compared to the normal control and standard control groups. However, the photomicrograph from hyperthyroid control group showed a histological difference (absence of colloid in some follicles) when compared to other control groups and extract treatment groups.

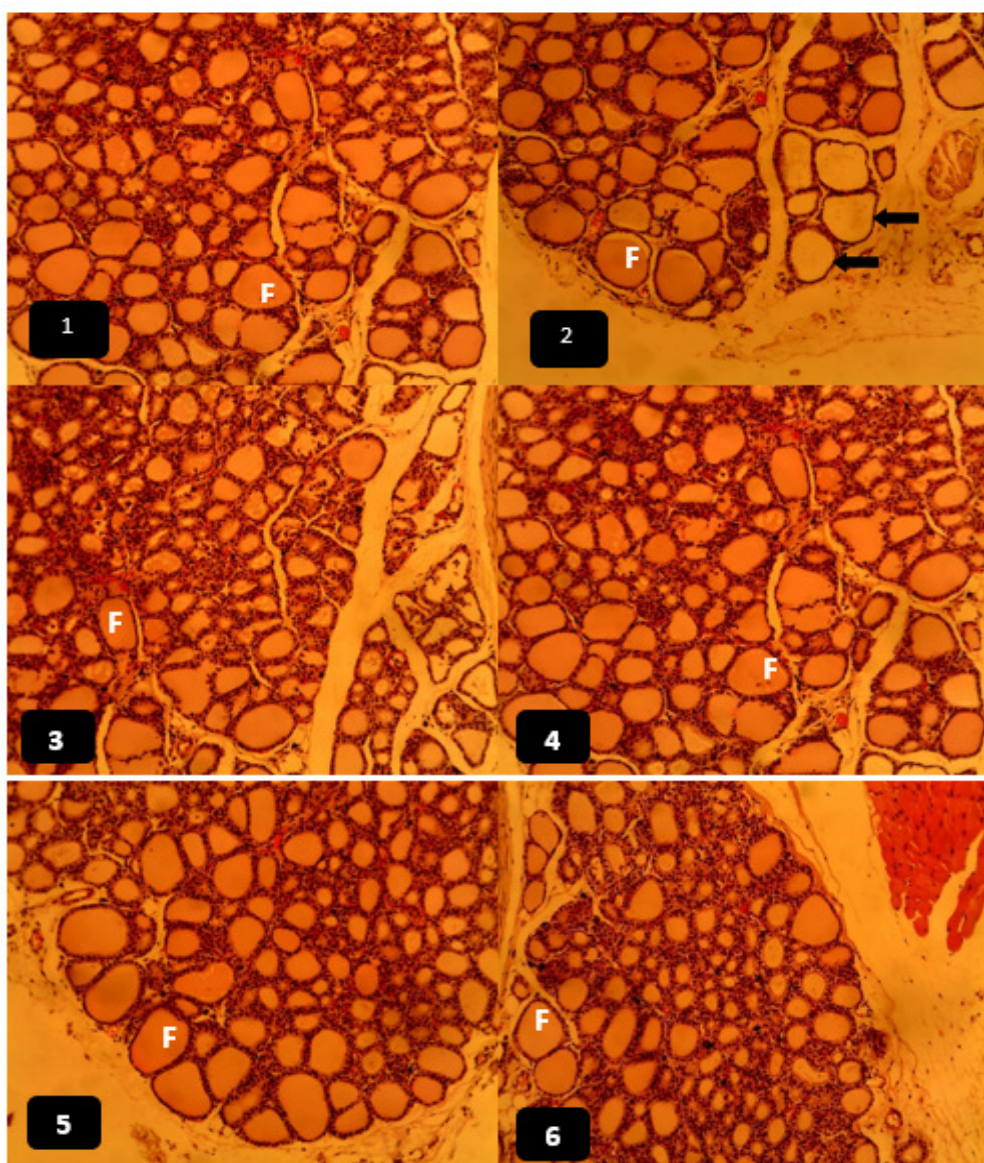


Figure 1. Photomicrograph of sections of thyroid gland from experimental groups 1 (normal control group), 2 (hyperthyroid control group), 3 (standard control group), 4 (100mg/kg extract dosed group), 5 (250mg/kg extract dosed group) and 6 (500mg/kg extract dosed group) showing follicles (F) containing colloids. See the black arrows showing absence of colloid in some follicles in group 2 (hyperthyroid group). H and E x 400 Mag.

#### 4. Discussion

Based on our cage-side observations, there was no negative clinical change manifested during the acute toxicity test. Rats administered high dose of the aqueous *D. tripetala* leaf extract displayed no negative clinical change with regards to skin and fur even the eyes of the testing animals within the testing time. Additionally, there was no convulsion, lethargy, salivation, diarrhea, and sign of acute toxicity nor mortalities even at the highest dose (5000 mg/kg) administered. We therefore report that aqueous *D. tripetala* leaf extract could possess low oral acute toxicity in rats. This finding corroborates Anosike *et al.* 2016.

Interest in medicinal plants is as a result of their richness in secondary metabolites such as alkaloids, glycosides, flavonoids, steroids, tannins, and saponins (Rohini & Padmini 2016). These phytochemical constituents are known to exhibit medicinal as well as physiological activities Ayoola *et al.*, 2008. The phytochemical screening of the aqueous *D. tripetala* leaf extract in our present study revealed the presence of these secondary metabolites. This finding is in consonance with that of (Okoronkwo *et al.* 2015).

There was an observed variation in dose and duration dependent results especially in parameters such as body weight, LDL-C, TG, TSH and  $T_4$  at day 0 due to age differences among animals used. This variation caused a little inconsistency in some results. The extract (100 mg/kg and 500 mg/kg) proved to be most proficient (Day 7) by



normalizing the body weight of treated rats (concentration based effect). Similarly, 500 mg/kg showed the most effective duration-based effect by normalizing the body weight of treated rats compared with normal control. These results are in line with (Bhaigyabati *et al.* 2012). The observed decrease in T3 and T4 levels and increase in TSH level among the *D. tripetala* leaf extract treated rats could be due to the substantial presence of flavonoids in extract (Sartelet *et al.* 1996). This is in agreement with the findings of (Bhaigyabati *et al.* 2012; Donzelli *et al.* 2016).

Research has proven that some plants possess antihypercholesterol, anti-obesity properties and ability to reduce body weight (Ejere & Adegoke, 2005; Nnamonu *et al.* 2013; Nnamonu *et al.* 2018). In this study, whereas hyperthyroidism resulted in a significant decrease ( $P < 0.05$ ) in the mean total cholesterol, LDL-C and triglyceride levels, a significant increase was recorded ( $P < 0.05$ ) in HDL-C level in the experimental rats. However, treatment with standard drug and different concentrations of aqueous *D. tripetala* leaf extract (100 mg/kg, 250 mg/kg and 500 mg/kg), significantly increased total serum cholesterol and TG levels while HDL-C significantly decreased. This observation is in agreement with (Asvold *et al.* 2007). There could be various physiological causes that led to the above result.

Triiodothyronine (T3) causes an up-regulation of LDL receptors, controls the sterol regulatory element-binding protein-2, which in turn regulates LDL receptor's gene expression and protects LDL from oxidation (Rizos *et al.* 2011). Similarly, our present result on total cholesterol, LDL-C, triglyceride levels, and HDL-C could be attributed to the presence of some phytochemicals in the extract that have beneficial effects on blood cholesterol levels. Flavonoids have been reported to prevent the oxidation of low-density lipoprotein, low blood levels of cholesterol and triglycerides thereby reducing the risk for the development of atherosclerosis (Subramani & Casimir 2002). Saponins bind with bile salt and cholesterol in the intestinal tract, preventing its re-absorption resulting in a reduction of blood cholesterol (Oyewole & Akingbala 2011).

Notably, a photomicrograph of sections of the thyroid gland from experimental groups showed the absence of colloid in some follicles in hyperthyroid control. However, no remarkable histologic differences occurred in normal control, standard control and extract dosed groups. This extract effects on histology of thyroid gland may be attributed to healing properties of its phytochemical components.

## 5. Conclusion and Recommendation

Conclusively, aqueous *Dennettia tripetala* leaf extract seems to possess potential for ameliorating post induced hyperthyroidism effects in rat. The groups treated 250 mg/kg and 500 mg/kg *Dennettia tripetala* leaf aqueous extract evidently showed better result than 100 mg/kg. Further researches on *Dennettia tripetala* leaf aqueous extract on hyperthyroidism is recommended to ensure reproducibility of our findings and new findings. Additionally, the bioactive ingredients in the leaves should be properly investigated in further experiments to explore the reproducibility of their activities in clinical trials.

## 6. Competing interest's disclaimer

Authors have declared that no competing interests exist. The products used for this research are commonly and predominantly use products in our area of research and country. There is absolutely no conflict of interest between the authors and producers of the products because we do not intend to use these products as an avenue for any litigation but for the advancement of knowledge. Also, the research was not funded by the producing company rather it was funded by the personal efforts of the authors.

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